



MEMBER'S F.A.Q.

What does my athlete need for training?

Athletes should come dressed and ready to train each week with the following:

- Hair tied up neatly - **long hair must not touch the floor when tumbling**
- Purple United Athletics training shirt to be worn each week
- Sports Bra/Crop top if needed
- Black Athletic shorts/leggings
- Cheer-specific white trainers for indoor use only (please see approved Shoe List)
- United Athletics Training Booklet
- Pencil/Pen
- Filled Water Bottle (No juice, energy or fizzy drinks please) Water is available for purchase for 30p
- Bag for belongings

How are teams determined?

United Athletics follow the SportCheer UK Age and Division Grid. Athlete age is determined by their age as of August 31st 2021. Whenever possible we aim to keep age ranges as tight as possible between athletes. Team Levels are based on the tumble and stunt mastery of the majority - individuals will always be progressed in skills in the gym, but only skills that are technically clean will be competed in a routine.

Is regular attendance required?

YES! Competitive Cheer is a TEAM Sport and EVERY MEMBER is important. Our routines rely on athletes knowing their roles and placement on the floor as well as their choreography. Missing a week here or there or regularly arriving late is very detrimental to athlete confidence and affects EVERYONE. Training MAY NOT BE MISSED in the 2 weeks leading up to a competition. Please support your athlete and encourage good attendance.

WHOA! Why is this so expensive?

United Athletics work very hard as a team of volunteer coaches to keep pricing as low as possible so that every athlete can enjoy our sport- however there are costs involved like facility hire, insurance, music, event registration, training gear, uniform purchase and when we can- investment into new equipment. There will be "extra" costs like your TIME, athlete shoes, socks, and spectator tickets across the season, just like participating in any other competitive sport. We feel strongly that each of the investments above contribute to your athletes gaining SO MUCH MORE than medals and trophies. If you are concerned about fees, please email us at uamanchestercheer@gmail.com and we are happy to discuss them further with you.

What if I am carrying Membership Credit over from the 20-21 Season?

United Athletics will update each family on the amount of credit they carry over to the 21-22 Season.

What about Competition Credit?

Competition Credit has already been applied and is reflected in the 21-22 Membership Fee covering registration for our first 3 events. If you have Spectator Ticket Credit, United Athletics will be able to arrange tickets for you for the value up to that amount with the event company. Coach Zoe will be in touch regarding spectator tickets as we prepare for events.

What if I forget to pay fees?

A Late Payment Fee of £10 will be automatically invoiced for any payments received 3+ days after the due date without pre-arrangement with United Athletics. Athletes in arrears may not train and may lose their place on the team. It is important that fees are paid on time as we work hard to keep prices low by not up-charging on items. We suggest that parents set up a Standing Order to pay Monthly Training Fees to the UA Manchester Account.

What is the United Athletics Refund Policy?

Membership Fees will not be refunded once paid as fees are paid out to other vendors for specially ordered items, team items such as music, and event participation.

Who do I contact if I have questions or need to report an absence from training?

Please contact your HEAD TEAM COACH(ES) with any questions or athlete updates across the season. The best way to reach them is by using a private WhatsApp Message. General questions may be handled in your Team WhatsApp Group. Coach contact details will be shared privately in these groups. We ask that families please acknowledge that our coaches are all working professionals volunteering their time - please communicate at appropriate times.

Where can I find information on Child Protection, Insurance, Emergency Action Planning, and Covid-19 Procedure?

This information is available on our website on the Member Area page and is also posted on the bulletin board at the front door of the gym. Emma Ireland is our Child Protection Officer and her details are listed online and on the board.

HAVE MORE QUESTIONS? NO PROBLEM!

Please email us at uamanchestercheer@gmail.com and we can set up a call with you to go over things.