

UA Manchester Cheer

2018 - 2019 Youth, Junior & Senior Membership Pack

Our Bond Is Unbreakable!

We believe that cheer is a sport for LIFE- it is an activity that teaches lessons well beyond the benefits of physical fitness.

It is UA Manchester's mission to provide a positive and challenging athletic environment that builds leadership, responsibility, meaningful friendships and a healthy competitive experience for athletes of all ages.

UA Manchester believes in hard work, dedication and loyalty. Our coaches continually work to provide structured training that rewards those who take part and push themselves to reach goals big and small.



Competitive Sport

UA Manchester Cheer is a competitive cheer programme. We currently do not offer drop in or recreational classes

Level Playing Field

USASF Cheer Rules and SCUUK Age Grids allow for a level playing field for athletes to compete against their peers

Athlete Placement

It is essential that athletes are placed on the correct team and attend consistently to progress in skills

1

TEAM PLACEMENT & TEAMS

All athletes must take part in a skill assessment to be placed

2

SEASON CALENDAR & TRAINING

Scheduled events are MANDATORY - Please see terms

3

MEMBERSHIP & PAYMENTS

Fees, required items, payment details

1

TEAM PLACEMENT

All athletes must take part in team placement

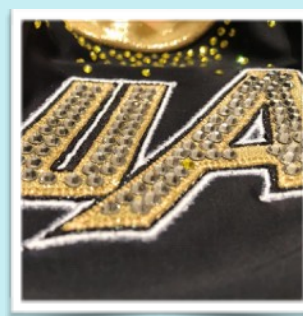
AS OF 31 August 2018	Ages 5 - 7 Years	Ages 8 - 11 Years	Ages 12- 21 Years
Date:	Thursday 6 September	Thursday 6 September	Thursday 6 September
Time:	4:30pm - 5:45pm	5:45pm - 7:00pm	7pm - 8:15pm
Location:	TSG	TSG	TSG
Results:	8 September 2018	8 September 2018	8 September 2018

How Team Placement works

- Athletes come to their correct AGE group Placement unless otherwise invited on Thursday 6 September 2018 at Trafford School of Gymnastics
- Athletes pay £20 Assessment Fee that is put towards their Membership Fees if they accept their placement on a UA Manchester Team. *Fee is refunded if a place is not accepted by 13 September 2018.
- Athletes are assessed in Strength, Flexibility, Jumps, Tumbling, and Choreography
- Coaches will notify families of Team Placements on Saturday 8th September 2018

"IT DOESN'T MATTER WHAT OTHERS ARE DOING, IT MATTERS WHAT YOU ARE DOING."

Competitive Divisions are made up of Novice, Prep and Club Elite teams. They are further divided by athlete age minimums and maximums and again by rule allowances called Levels ranging from 1-6. Each cheer programme is allowed to offer and choose their own categories to enter at competitions based on their membership. These decisions are based on athlete skill progression, training availability, and competitive advantage. Our goal is to hit the level at it's maximum in Jumps, Stunts, Tumbling AND athlete performance for UA Manchester athletes to have the BEST competitive experience possible. With over 60 years of combined competitive cheer experience, UA Manchester coaches work hard to ensure our teams are right for each athlete while working hard to make sure each team has the right athletes for the routine.



1

TEAM PLACEMENT

All athletes must take part in team placement

2018 -2019 UA Manchester Cheer Teams

**All team divisions are pending athlete turnout and skills for the 2018 - 2019 Season. Teams may also CHANGE divisions during the season.*

**UA Manchester Cheer has the right to set its own age limits (lower and upper) as long as they are in keeping with SCUUK Age Rules.*

** All ages are AS OF 31 August 2018. It is critical that athletes are correctly registered.*

AS OF 31 August 2018	TEAM NAME	Competitive Level	Coaches
Ages 7 - 11 Years	UA CHROME	Youth Prep Level 1	Emma & Ciara
Ages 8 - 14 Years	UA MERCURY	Junior Level 1	Zoe & Emma
Ages 8 - 14 Years OR Ages 10 Years, 1 member or more 15 +. UA MAXIMUM AGE 21 YEARS	DEPENDENT ON TURNOUT	Junior / Senior Level 2+ DEPENDENT ON TURNOUT	Marie, Steph & Emma

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SEASON CALENDAR & TRAINING

Scheduled events are MANDATORY - Please see terms

September 2018							
wk	Mo	Tu	We	Th	Fr	Sa	Su
35						1	2
36	3	4	5	6	7	8	9
37	10	11	12	13	14	15	16
38	17	18	19	20	21	22	23
39	24	25	26	27	28	29	30

October 2018							
wk	Mo	Tu	We	Th	Fr	Sa	Su
40	1	2	3	4	5	6	7
41	8	9	10	11	12	13	14
42	15	16	17	18	19	20	21
43	22	23	24	25	26	27	28
44	29	30	31				

November 2018							
wk	Mo	Tu	We	Th	Fr	Sa	Su
44				1	2	3	4
45	5	6	7	8	9	10	11
46	12	13	14	15	16	17	18
47	19	20	21	22	23	24	25
48	26	27	28	29	30		

December 2018							
wk	Mo	Tu	We	Th	Fr	Sa	Su
48						1	2
49	3	4	5	6	7	8	9
50	10	11	12	13	14	15	16
51	17	18	19	20	21	22	23
52	24	25	26	27	28	29	30
1	31						

January 2019							
wk	Mo	Tu	We	Th	Fr	Sa	Su
1		1	2	3	4	5	6
2	7	8	9	10	11	12	13
3	14	15	16	17	18	19	20
4	21	22	23	24	25	26	27
5	28	29	30	31			

February 2019							
wk	Mo	Tu	We	Th	Fr	Sa	Su
5					1	2	3
6	4	5	6	7	8	9	10
7	11	12	13	14	15	16	17
8	18	19	20	21	22	23	24
9	25	26	27	28			

March 2019							
wk	Mo	Tu	We	Th	Fr	Sa	Su
9					1	2	3
10	4	5	6	7	8	9	10
11	11	12	13	14	15	16	17
12	18	19	20	21	22	23	24
13	25	26	27	28	29	30	31

April 2019							
wk	Mo	Tu	We	Th	Fr	Sa	Su
14	1	2	3	4	5	6	7
15	8	9	10	11	12	13	14
16	15	16	17	18	19	20	21
17	22	23	24	25	26	27	28
18	29	30					

May 2019							
wk	Mo	Tu	We	Th	Fr	Sa	Su
18			1	2	3	4	5
19	6	7	8	9	10	11	12
20	13	14	15	16	17	18	19
21	20	21	22	23	24	25	26
22	27	28	29	30	31		

June 2019							
wk	Mo	Tu	We	Th	Fr	Sa	Su
22						1	2
23	3	4	5	6	7	8	9
24	10	11	12	13	14	15	16
25	17	18	19	20	21	22	23
26	24	25	26	27	28	29	30

July 2019							
wk	Mo	Tu	We	Th	Fr	Sa	Su
27	1	2	3	4	5	6	7
28	8	9	10	11	12	13	14
29	15	16	17	18	19	20	21
30	22	23	24	25	26	27	28
31	29	30	31				

August 2019							
wk	Mo	Tu	We	Th	Fr	Sa	Su
31				1	2	3	4
32	5	6	7	8	9	10	11
33	12	13	14	15	16	17	18
34	19	20	21	22	23	24	25
35	26	27	28	29	30	31	

Bank holidays 2018/19 (UK)

25th December '18	Christmas Day	1st January '19	New Year's Day	6th May '19	Early May Bank Holiday
26th December '18	Boxing Day	19th April '19	Good Friday	27th May '19	Spring Bank Holiday
		22nd April '19	Easter Monday	26th Aug. '19	August Bank Holiday

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REMINDERS:

- Training is on THURSDAYS and SUNDAYS Dependent on team
- First Training September 9th and 13th 2018
- TRAINING CONTINUES during OCTOBER HALF TERM DATES
- **Mandatory Choreography Days:**
 - Sunday November 4 2018
 - Sunday November 11 2018
 - (2 hour time slots per team)
- **Competition 1: 26-27th January 2019. Legacy Stand Strong, Newcastle**
- **Competition 2: 2-3rd March 2019. Jamfest Northern Jam, Blackpool**
- **Competition 3: 11th May 2019. Legacy Rise Up, Leeds**
- TRAINING CONTINUES during MAY HALF TERM DATES
- **Competition 4: 22-23rd June 2019. Jamfest Europe Nationals, Liverpool**

UA Manchester Attendance Policy:

Given the openness of our holiday policy working within the school framework for the 2018-2019 season, UA Manchester has adjusted our policy on absences. In addition to scheduled UA Manchester Closures, athletes are allowed **3 EXCUSED** absences from training across the competitive season (9 September 2018 - 20 June 2019). These are absences notified to **coaches** in ADVANCE of the training date (1 Week minimum for non-emergency).

The following absences will result in the removal of the athlete from the next competition without refund of fees.

- Exceeding 3 EXCUSED Absences
- Unexcused or unreported absence including extreme lateness to a session due to a non-UA Manchester activity
- Absence from Choreography Session

TRAINING HOLIDAYS:

(NO TRAINING)

- 27 DECEMBER 2018
- 10th February 2019
- 14th February 2019
- 31st March -11th April 2019
- 21st April 2019 (Easter)
- 26th MAY - 9th June **FREE PASS** (attendance encouraged but not required)

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SEASON CALENDAR & TRAINING

Scheduled events are MANDATORY - Please see terms

Age AS OF 31 August 2018	TEAM NAME	Competitive Level	Training Day	Training Fee	Membership Fee
Ages 7 - 11 Years	UA CHROME	Youth Prep Level 1	Thursday 5:30-6:30pm	£25 per month	£210 per season
Ages 8 - 14 Years	UA MERCURY	Junior Level 1	Thursday 6:30-8:15pm	£33 per month	£210 per season
Ages 8 - 14 Years OR Ages 10 Years+ UA MAXIMUM AGE 21 YEARS	DEPENDENT ON TURNOUT	Junior / Senior Level 2+ DEPENDENT ON TURNOUT	Sunday 6:00 - 8:00pm	£33 per month	£210 per season

- All Athletes will be confirmed with placements on 8 September 2018
- ALL TRAINING sessions are held at Trafford School of Gymnastics at Walton Park, Raglan Road, Sale M33 4AN
- Athletes are invited to their training sessions ONLY.
- We kindly ask that parents and siblings do NOT stay for sessions. If athletes are being disrupted, you will be asked to leave.
- Choreography Sessions will be held at BACE, 9 and 10, Glossop Brook Business Park, Surrey St, Glossop SK13 7AJ
- Competition Providers have NOT YET FINALISED their schedules for which divisions compete on which days. UA Manchester will update our calendar in this document and on our website as soon as days are set.
- **NOTE:** Until after the final registration date for each event, approximately 1 month from the event dates, ALL SCHEDULES ARE SUBJECT TO CHANGE. Event providers and UA Manchester will not be held responsible for pre-booked travel and hotel rooms that cannot be changed or refunded, therefore we recommend purchasing open-ended or amendable travel and accommodation.

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MEMBERSHIP & PAYMENTS: YOUTH, JUNIOR, SENIOR

Fees, required items, payment details

*Some returning athletes will own a UA Manchester Competition Uniform. These will be used again in the 2018 - 2019 Season. If your athlete has outgrown their uniform or if the uniform is damaged, replacement parts **MUST** be ordered no later than December 1 2018.*

	Amount	Due By	Payment Type
Replacement Comp Uniform Shorts	£45	1 December 2018	Go Cardless
Replacement Comp Uniform Top	£75	1 December 2018	Go Cardless
Complete Uniform	£120	1 December 2018	Go Cardless
Placement Fee* Refunded if place not accepted	£20	6 September 2018	Cash
Membership Fee 1	£75	27 September 2018	Go Cardless
Membership Fee 2	£75	1 November 2018	Go Cardless
Membership Fee 3	£40	7 February 2019	Go Cardless
Total Membership if Paid in Installements (NO UNIFORM):	£210		
Total Membership if Paid in FULL (NO UNIFORM):	£200	27 September 2018	Cash / Go Cardless

Placement and Membership Fees include:

Athlete Insurance for Training and Events through Trafford School of Gymnastics membership
 Registration Fees paid for competitive events
 Competition Bow as part of required uniform
 Required Training Uniform Top
 Athlete Bag
 Music Fees
 Extra venue hire
 Any additional costs

* UA Manchester work tirelessly to keep our fees LOW for our families and choose the best suppliers for our budgets. UA Manchester do not profit off of fees and subsidise whenever possible.

FAILURE TO PAY FEES WILL RESULT IN AN ATHLETE SITTING OUT AT TRAINING AND CAN LEAD TO REMOVAL FROM THE TEAM/PROGRAMME.

FEES ARE NOT REFUNDED ONCE PAID



Please see the UA Manchester Website for a full list of Policies and their downloads

- **GDPR**
- **Attendance**
- **Code of Conduct**
- **Athlete and Parent Commitment**
- **Season Calendar**
- **Payment Policies and Go Cardless**

Questions can be emailed to uamanchestercheer@gmail.com

We hope to welcome you to the UA Family in the 2018 - 2019 Season!